



New York Speech and Hearing, Inc.

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HEARING HANDICAP INVENTORY FOR ADULTS

Instructions: The purpose of the scale is to identify the problems your hearing loss may be causing you.

Check Yes, Sometimes, or No for each question.

Do not skip a question if you avoid a situation because of a hearing problem.

Check N/A if the question does not apply.

Yes Sometimes No N/A

1. Does a hearing problem cause you to use the phone less often than you would like?
 Yes **Sometime** **No** **N/A**
2. Does a hearing problem cause you to feel embarrassed when meeting new people?
 Yes **Sometime** **No** **N/A**
3. Does a hearing problem cause you to avoid groups of people?
 Yes **Sometime** **No** **N/A**
4. Does a hearing problem make you irritable?
 Yes **Sometime** **No** **N/A**
5. Does a hearing problem cause you to feel frustrated when talking to members of your family?
 Yes **Sometime** **No** **N/A**
6. Does a hearing problem cause you difficulty when attending a party?
 Yes **Sometime** **No** **N/A**
7. Does a hearing problem cause you difficulty hearing/understanding co-workers, clients, or customers?
 Yes **Sometime** **No** **N/A**
8. Do you feel handicapped by a hearing problem?
 Yes **Sometime** **No** **N/A**
9. Does a hearing problem cause you difficulty when visiting friends, relatives, or neighbors?
 Yes **Sometime** **No** **N/A**
10. Does a hearing problem cause you to feel frustrated when talking to co-workers, clients, or customers?
 Yes **Sometime** **No** **N/A**
11. Does a hearing problem cause you difficulty in the movies or theater?
 Yes **Sometime** **No** **N/A**
12. Does a hearing problem cause you to be nervous?
 Yes **Sometime** **No** **N/A**
13. Does a hearing problem cause you to visit friends, relatives, or neighbors less often than you would like?
 Yes **Sometime** **No** **N/A**

14. Does a hearing problem cause you to have arguments with family members?
___Yes ___Sometime ___No ___N/A
15. Does a hearing problem cause you difficulty when listening to TV or radio?
___Yes ___Sometime ___No ___N/A
16. Does a hearing problem cause you to go shopping less often than you would like?
___Yes ___Sometime ___No ___N/A
17. Does any problem or difficulty with your hearing upset you at all?
___Yes ___Sometime ___No ___N/A
18. Does a hearing problem cause you to want to be by yourself?
___Yes ___Sometime ___No ___N/A
19. Does a hearing problem cause you to talk to family members less often than you would like?
___Yes ___Sometime ___No ___N/A
20. Do you feel that any difficulty with your hearing limits or hampers your personal or social life?
___Yes ___Sometime ___No ___N/A
21. Does a hearing problem cause you difficulty when in a restaurant with relatives or friends?
___Yes ___Sometime ___No ___N/A
22. Does a hearing problem cause you to feel depressed?
___Yes ___Sometime ___No ___N/A
23. Does a hearing problem cause you to listen to TV or radio less often than you would like?
___Yes ___Sometime ___No ___N/A
24. Does a hearing problem cause you to feel uncomfortable when talking to friends?
___Yes ___Sometime ___No ___N/A
25. Does a hearing problem cause you to feel left out when you are with a group of people?
___Yes ___Sometime ___No ___N/A
26. I don't hear well because other people mumble, don't enunciate clearly enough, or talk too softly for me to hear.
___Yes ___Sometime ___No ___N/A
27. Since I've had this hearing loss, I can't do all the things I'd like to.
___Yes ___Sometime ___No ___N/A
28. People don't dare make jokes about my hearing trouble in my presence.
___Yes ___Sometime ___No ___N/A
29. I don't mingle with as many people (old and/or new acquaintances) as I used to because I don't hear well.
___Yes ___Sometime ___No ___N/A
30. I just can't be seen wearing a hearing aid.
___Yes ___Sometime ___No ___N/A
31. If I'm alone in a conversation, I don't understand or trust what I hear.
___Yes ___Sometime ___No ___N/A

32. I know people think I'm not as sharp as I used to be because I don't hear as well as I once did.
 Yes **Sometime** **No** **N/A**
33. If I don't want to hear what someone says the first time, I'll remain quiet; it's a waste of my time trying to hear when I can't.
 Yes **Sometime** **No** **N/A**
34. I just can't seem to assert myself the way I used to (or as others do) since I lost my ability to hear well.
 Yes **Sometime** **No** **N/A**
35. It's difficult for me to accept the way I actually have a hearing loss.
 Yes **Sometime** **No** **N/A**
36. I recognize that I'm the source of the problem because of my hearing loss; when I miss what somebody says to me, it's not their fault.
 Yes **Sometime** **No** **N/A**
37. Despite my hearing loss, I still do all the things I used to.
 Yes **Sometime** **No** **N/A**
38. I have humorous things happen to me as a result of my not hearing well.
 Yes **Sometime** **No** **N/A**
39. In spite of my hearing loss, I'm careful not to give up any relationships I have in my life, or lose out on any potential relationships by staying home too much.
 Yes **Sometime** **No** **N/A**
40. I wouldn't think of hiding the fact that I was wearing a hearing aid.
 Yes **Sometime** **No** **N/A**
41. I feel completely at ease communicating with anyone in most environments even though I have hearing loss.
 Yes **Sometime** **No** **N/A**
42. Despite my hearing loss, other people do not think less of me than before my loss developed.
 Yes **Sometime** **No** **N/A**
43. I don't mind asking people to repeat what was said if I haven't heard it.
 Yes **Sometime** **No** **N/A**
44. As my hearing loss has developed, I've made a systematic effort to compensate for it by being more outgoing.
 Yes **Sometime** **No** **N/A**
45. It's easy for me to think of myself as having a hearing loss – it doesn't bother me.
 Yes **Sometime** **No** **N/A**

For Clinician's use only: Yes = 4 Sometimes = 2 No = 0

Total score for e-questions: _____

Total score for s-questions: _____